

ANNUAL REPORT-2022



Our mission is to empower and enhance the quality of life of people in our community as they age

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Top Row: 2nd Row: **Eleanor Weinel** Jamie Mittet

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Resources Navigator Admin Assistant Reed Price

Mary Gibbs

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Mimi Hicklin Katie Auger Kristina Emery

OVERVIEW

2022 was another COVID year, but with a vaccination requirement, distribution of antigen tests, and the strong recommendation that participants wear masks, the Senior/Community Center expanded programs and services to near pre-pandemic levels.

Among our new offerings was a Zumba Gold® class on Tuesdays, a Friday line dance class, an Italian conversation group and a Memory Yoga class on Wednesdays.

Progress on the Center's remodel plans faced a setback when, after working with the City of Bainbridge Island and a design firm, we only received one bid and it was twice our budget. Still, a grant from the Bainbridge Community Foundation will support installation of a hearing loop, and we are working with the city to improve lighting and accessibility. Meanwhile, we revisited the 2007 proposal for a complete rebuild of the Center and are pursuing the feasibility of this more ambitious proposal, possibly with adjacent senior housing as part of a project with the city.

We received a grant from the AARP Foundation to support our transportation program. We worked with Island Volunteer Caregivers to identify more ways to help people get around, and we were able to train Eileen Nicol as a driver to give us more flexibility in schedules. We have a \$10,000 challenge grant from Bainbridge Community Foundation to upgrade our 22-passenger bus to an electric hybrid. We currently have \$2,245 in donations (we'll need another \$22,000 to do the work).

We expanded programming focused on diversity, inclusion, equity, and social justice with support from the City of Bainbridge Island. The Inclusion Study Group morphed into IDEA (Inclusion, Diversity, Equity and Accessibility), with a series of programs and activities scheduled each month (more details below).

We welcomed a new director to our venerable Evergreen Singers program. Dr. Laurie de Leonne joined Nancy Bergman Lyman in the fall of 2022. Laurie added a new tech twist to the practices—with the rehearsals live-streamed over our private Facebook group. The group performed at Bainbridge Senior Living and to an overflow crowd at the Center's holiday party.

I've been working a community project to envision Bainbridge's future with Tom McCloskey, Winifred Perkins, Florence Klein, Scott James, Marina Cofer-Wildsmith, Pat Callan, Stephan Goldby, with assistance from Bob Johansen, Distinguished Fellow of the Institute for the Future. The project is named Imagine Bainbridge: 2035 and aims to envision and realize a more livable future on Bainbridge. We are leveraging the work of the AARP's Livable Community initiative. Work in 2022 was foundational; I am looking forward to engaging the wider community in the year ahead.

Reed Price Executive Director

BISCC COMMITTEE REPORTS

MEMBERSHIP AND MARKETING: Chair: Karen King, Barbara Ochota, Ann Lovejoy. Members: Lena Wilson, Ruth Flanagan, Sheila Curwen, Nancy Lewars, Bob Leik, Pat Egaas, Barbara Golden. Liaisons: Kimi Kinoshita and Colleen Keilbart

In 2022, the Marketing and Membership Committees merged after defining common goals of attracting new members and maintaining memberships. In the first quarter of 2022, committee members reached out by email and phone to all lapsed members with a good percentage of positive responses. The committee decided that in 2023, this outreach effort will take place in February, starting with emails from staff and following up with calls from committee members. Phone calls will be made from the Senior Center as many people don't answer unknown callers.

In terms of budget (\$27,500), most costs (about \$25K) relate to Publishing and Printing of Splash! and brochures. An additional \$1,000 goes for One Call for All and Kitsap Great Give ads in the Sound Publishing supplement (about \$500 apiece). Restocking supplies of handouts such as the magnifying bookmark and logo-printed M&Ms account for perhaps another \$5-600.

Over the summer, M/M members handed out information and little gifts at the BISCC Farmers Market booth every other month, bringing in new members each time. In 2023, we will have booths during high-census market periods (May, June, August, September) and not in October. We also had informative booths at Juneteenth, Pride, the Grand Old Fourth and the BISCC Resource Fair. These will continue in 2023 and we will seek similar additional opportunities.

The Fob Friday program to provide senior discounts and support local businesses continues to be successful, with businesses requesting to join. Online outreach through Facebook/Instagram was well supported by several M/M members, notably Lena Wilson and Kimi Kinoshita.

In the third quarter of 2022, M/M worked closely with new Splash! editor Mimi Hicklin to supply information about outreach events as well as stories, images, and ideas for future articles. M/M marketing brochures and outreach materials were updated and will be again in 2023. The Splash! continues to be our best outreach resource and the committee requested that anyone enquiring about BISCC be given a copy, along with the intake and waiver forms. Reed and Mimi agreed that extra copies can be printed to support this if supplies run short. The newsletter is also sent to participating Fob Friday businesses, to editors of local newspapers, and to the Chamber of Commerce. We propose copies also be sent to the City Manager and Council members.

In the fourth quarter, Ann Lovejoy and Barbra Ochota rewrote the New Member welcome letter, which includes an invitation to attend in person First Friday introductory get togethers, along with tours of nearby Fob Friday businesses (weather permitting). Six board members will rotate in presenting these events.

In October, Karen King stepped down as Chair, with Ann Lovejoy and Barbara Ochota agreeing to act as Co-Chairs. Overall, BISCC gained an average of 30-35 new members each month in 2022.

EVENTS: Co Chairs Colleen Keilbart; Members: Annie Quan, Barbara Cole, Bob Leik, Charlotte Caskey, Eleanor Weinel, Genevieve Moyer, Jamie Mittet, Mickey Guthrie, Sada Ross, Linda Tanner, Susan Elliott, Suzanne McMasters, Winifred Perkins. Barkeeps: Diane Hooper, Linda Heys, Tijen Sion-Hotchkiss.

The Events Committee plans social events for BISCC members. We are known as the Party People. We strive to keep the price low and often ask for donations to cover some of the costs. Our first party this year was the Re-Reunion in April! Members were happy to once again be socializing. May brought the ice cream social where we were able to be outside with the Geezer Freezer, supported by Town & Country Market. Time and Tide preformed at our Pizza party in June. The annual barbecue in August fed over 50 members and our annual Fundraising event, because of the generosity of The Edge/Improv, was held in September. The Halloween Costume parade in October and the Holiday Open House before the Parade of Lights tour in December finished off our busy year. The committee is planning a packed-full 2023 where we hope to see everyone!

RESOURCE COMMITTEE: Chair: Jeannette Franks, gerontologist; Members: Ann Brown, Visually Impaired Persons and Madison House; Esther Bryant, former hospice social worker, Katie Auger, community resource navigator, Misty Eberspecher, Housing Resources Bainbridge Independent Living coordinator, Tressa Johnson, KRL adult services librarian, Liz Ochoa, KRL adult services librarian/mobile services, Betty Herman, care coordinator at Elder Resources, LCC, Sheila Curwen, BISCC BOD liaison.

Despite the many challenges of COVID and the continuing struggle for non-profits to serve our community, the Senior/Community Resource Committee successfully held its popular Oktoberfest Resource Fair. We had almost 30 organizations participating, as well as several hundred people coming to learn about those resources. In addition, organizations networked with each other, and learned more about the Senior/Community Center—which is important!

The committee continues to expand our services and mission to keep us all informed about non-profit and for-profit organizations in our community.

The Resource Committee continues to have speakers, both live and on Zoom, who represent new services, changed services, or new staff. Our committee members such as the library system, the Housing Resources Independent Living Program, senior housing, and End-of-Life Washington, often are referred for articles in the Splash, and "Something to Talk About" videos.

Speakers represented at committee meetings this year include: BI Health and Rehab, Poulsbo Fire Cares, Helpline House, IVC, BARN, Affordable Housing, Kitsap Aging and LTC, Peninsula Community Health

COMMUNITY RESOURCE NAVIGATOR: – Katie Auger

A heartfelt thank you to our many community partners who joined us this past year to share their programs, knowledge and skills. We learned about Medicare benefits and protecting ourselves from online scams and fraud. We've received education on how we can prevent in-home falls and ways to "thrive in place." What a gift to be part of a community with so many valuable resources.

Starting in 2023, my role will be transitioning to working full time with Island Volunteer Caregivers. The decision was not made lightly, and it remains a top priority for both BISCC and IVC to work closely together. While this is a notable shift, there is full commitment to continue to serve community members through resource navigation. I will continue to be available to meet with individuals through BISCC. I am truly grateful for the opportunity to serve our BISCC community and beyond. Thank you to the many individuals and families who have trusted me with their stories. Thank you to staff, board, and volunteers—it's been an absolute pleasure being a part of BISCC.

INCLUSION, DIVERSITY, EQUITY, & ACCESSIBILITY: Facilitator: Ann Lovejoy

In 2022, we increased our IDEA programming to offer several zoom or hybrid meetings each month. We took members on field trips to the Suquamish Tribal Museum and a Bainbridge Indipino Farm Tour guided by Pete and Gilda Corpuz that ended up with a photo exhibit and a lovely meal at the Filipino-American Hall. Suquamish Tribal Elder Barbara Lawrence offered several fascinating programs from the development of the multi-Tribal Canoe Journey to a moving tribute to local contemporary Tribal artists and musicians, and Noel Purser described recapturing the Lushootseed language. We had multiple conversations with longtime Kitsap Activists Akuyea Karen Vargas and Marva Jones and hosted a diverse panel of veterans who discussed the true costs of service. We also learned about Kwanzaa's principles and what it feels like to celebrate a holiday that's not embraced by mainstream culture. The programming was supported through a contract from the City of Bainbridge Island.

Queer Elders Family Group

This friendly group doubled in membership in 2022 and now has 38 members who help put on events from Death Cafes and Climate Cafes to a Queer Bingo evening that raised over \$5,000 for scholarships for queer students in Kitsap County. The group also hosts potlucks and get-togethers and continues to nurture connections with island students and teachers.

WATERFRONT THRIFT SHOP: Shop Manager: Tijen Sion-Hotchkiss

2022 was the year of returning to normalcy...somewhat. A new strain of COVID kept us closed until the third week of February. This down-time enabled us to reset, get cleaned up and merchandised. We designed and ordered fresh signage with our new logo, with thanks to member Ishya Silpikul, and updated Waterfront Thrift days and hours. Thursdays were added as a day of business and our Friday hours were increased from 10-1 to 10-4, starting Tue., Feb. 22.

As was to be expected, we started off a little slowly. February sales came in at \$4,280. Our steadfast and loyal volunteers were anxious to return and get back to work and socializing. It was heartwarming to welcome back our customers. Donations began flowing regularly and our traffic increased. March business vastly improved with sales of \$7,368. April sales came in at \$6,757 and May notched \$5,900. In June we made a whopping \$8,900 and in July \$6,105. Our annual Jumble Sale held August 5 from 9 - 2 was a success. Although we had smaller items this year, our sales were \$4,500, helping make August one of our best months of the year with total sales of \$9,890!

September sales were \$8,500 followed by a huge October with \$10,160 in sales. Our annual Holiday sale was held on Nov/ 19 from 9 am - 2 pm. We had plenty of Christmas donations and it was a festive success bringing in \$2,682, making November another big month with sales over \$10,000. We finished off the year with some gnarly weather in the fourth week, closing Waterfront Thrift for a few days, but December's totals were \$10,300. Our annual sales for 2022 were \$86,891!

None of this is possible without the generous spirit of our intrepid volunteers. A heartfelt THANK YOU to all of you who bring your special gifts that help make us successful: Janet Brookes, Sally Dunbar, Beryl Cunnane, Pam Harrison, Diane Hooper, Karen Marten, Patty Matthaei, Suzanne McMasters, Marian Thackray, Sharon Ostenson, Linda Heys, Gerri Harrington, Cheryl Williams, Sharon Boundy, and Simon ffitch. To library and puzzle room maven Doris Cairns: Thank you for your consistent TLC with the books and puzzles. It is much appreciated. Our weekly angels who pick up and deliver items to Fishline and Goodwill: Kathy and Paul Cooper, Noreen and Joe Marinelli. You have no idea how much we appreciate your consistency! And huzzah to the folks who offer their valuable time and energy to help during our big sale events: Kat Hughes, Kenna and Abi Moser, Becky Allen, Genevieve Moyer, Barb Shulock, Barbara & Mike Hotchkin, Barbara Ochota, Charlotte Caskey, Gerry Worley, Jamie Mittet, Tom Kilbane, and Rita Riley. Apologies if I inadvertently missed anyone.

<u>FUNDRAISING</u>: Chair, Kimi Kinoshita; Members: Mimi Hicklin, Ann Lovejoy, Tom Kilbane, Jamie Mittet, Linda Owens, and Reed Price

The Fundraising Committee was established by the board in 2021 to relieve Executive Director Reed Price from assuming total responsibility for this function and to shift him into more of an advisory role of the Committee. As a relatively new committee, we are still undergoing changes. Kimi continued to serve as chair until August 2022. At that time, Mimi Hicklin was hired as a staff member with the role of Fundraising and Marketing Manager and joined Kimi in leading the committee. Most of the committee's activity has revolved two major fundraisers: Spring / Kitsap Great Give and Fall/Winter End-of-Year Campaign.

The Fundraising Committee's first project of 2022 was the Valentine Gratitude Event, in which we acknowledged and wrapped up the prior year's Fall/Winter Campaign. The event was a cookie delivery over the course of February 12-13. We had 7 volunteer drivers and 8 volunteer cookie bakers. There were 6 delivery routes.

2022's Spring Fundraising Campaign kicked off in early April and ended on April 19 (the day of the Kitsap Great Give). We received \$8,900 through the Great Give that directly benefited our Program Activity Fund—which removes financial barriers to ensure everyone can participate in our programs and activities.

2022's Fall/Winter Campaign began with a Major Donor Cocktail Party on November 6. We published our first member story on November 10 and continued those throughout the campaign, which was timed to support the year-end One Call for All drive. We raised \$150,000 directly and through One Call, besting our goal by \$50,000!

Both campaigns coordinated with Splash! publication dates to maximize efficacy.

Themes are thoughtfully chosen for each campaign and coordinated messaging is vital. The driving content for both major campaigns are compelling stories shared by members. Therefore, we carefully collect stories and photographs that evoke a desire to give.

We believe fundraising on behalf of the Senior Center is everyone's business and a huge number of folks participate and contribute their time, talents, and resources. The Fundraising Committee will continue to create and maintain organizational structures to raise enough money to support and improve programs and operations.

NOMINATING COMMITTEE: Chair: Gerry Worley (Board VP) Members: Colleen Keilbart, Ann Lovejoy, Mickie Guthrie, Tom Kilbane, Barbara Ochota, and Kimi Kinoshita. Mickey and Tom resigned during the course of the year.

The purpose of the committee is to vet, select, and nominate future Board members that bring the skills, demographics (diversity), and connections to support BISCC's mission.

As Nominating Committee Chair, I would like to share we have interviewed/communicated with 50 possible Board of Director (BOD) candidates, created a document that formalizes the vetting interview questions and a list of skills or experiences needed on the BOD. Both documents were presented and accepted within the BISCC Strategic Plan in January2022. Congratulations to all for your generous time to improve the BOD selection process and present new BOD members.

<u>FINANCIAL REPORT</u>: David Huether - Treasurer, Mickey Guthrie, Gerry Worley, Tom Kilbane, Mickey Guthrie, John Baggett and Gary Nakamura

During the year, an Endowment Fund was established, and Mickey Guthrie served as the founding Chair. Both Mickey and Tom Kilbane resigned from the committee during the fall quarter. The following is the summary of the prior two years. The full year 2022 financial report will be published during the 1st quarter of 2023.

BISCC Selected Financial Information	2022		2021	
LIQUID ASSETS INCLUDING CASH AND SECURITIES	\$ 950,783	\$	806,976	
ACCOUNTS RECEIVABLE AND OTHER CURRENT ASSETS	\$ 86,261	\$	86,652	
EQUIPMENT AND FACILITIES NET OF DEPRECIATION	\$ 243,013	\$	258,265	
TOTAL ASSETS	\$ 1,280,057	\$	1,151,900	
CURRENT OBLIGATIONS AND ACCRUED EXPENSES	\$ 10,283	\$	8,588	
NET ASSETS AT THE BEGINNING OF THE YEAR	\$ 1,143,300	\$	865,600	
REVENUES IN EXCESS OF EXPENSES - NET INCOME	\$ 126,468	\$	177,700	
NET ASSETS AT END OF YEAR	\$ 1,269,773	\$	1,143,300	
TOTAL LIBILITIES AND NET ASSETS	\$ 1,280,057	\$	1,151,900	
REVENUE FROM ALL SOURCES*	\$ 597,529	\$	567,300*	
TOTAL EXPENSES	\$ 471,062	\$	425,400	
REVENUES IN EXCESS OF EXPENSES - NET INCOME	\$ 126,468	\$	141,900	

^{*} Includes forgiveness of PPP Loan \$35,400 - 2021

SENIOR CENTER ACTIVITY IN 2022

Classes and Activities

Climate Change and Death Cafés

Community Resource Navigator presentations, Katie Auger

Ecological Civilization with David Korten

Financial planning with Paul Merriman, supported by Bainbridge Community Foundation Gardening with Ann Lovejoy

Help with Medicare Information (SHIBA), supported by Helpline House

IDEA Group: Inclusion, Diversity, Equity, and Accessibility programming

Liberation Laughter with Nancy Lewars

Oktoberfest Resource Fair

Politics Monthly with David Harrison

Queer Elder Family Group, virtual and in-person

Silver Tech tutoring with Bainbridge Youth Services and Tech Support with John Chen

Something to Talk About programs: multiple topics

Tarot Group

Visually Impaired Persons (VIP)

Culture & Arts

A Stitchin' Time fabric arts

Anything Goes! music and more with Karen King (virtual)

Art Workshops with Olga Ruys and Catherine Exton

Bainbridge Arts & Crafts workshops

Bainbridge Museum of Art Creative Aging workshops

Bard Read and Will Film - Shakespeare group

BI Photo Club

Evergreen Singers

Language Groups: Chinese, French, German, Spanish, & Italian

Movie Nights with Jim MacPherson and Bob Agamalian

Not Your Typical Book Group with Chrysan Gallucci

Poetry Surprise with Amanda Williamsen

Waterfront Book Group with Tressa Johnson

Wise Folks discussions with Venera di Bella Barles

Write On! writing group

Exercise and Fitness

Chair Yoga with Teresa Hatten

Gentle Exercise, 2x a week with Helen Heaslip

Gentle Stretching, 2x a week with Helen Heaslip

Line Dancing (Mon, Bill Nakao; Fri, Linda Slothaug)

Memory Yoga with Sue Charumati Schaeffer

Mindfulness Courses with Catherine Kelleher

Pétanque in the Park

Pilates with Audrey Piper

S.A.I.L. (Stay Active and Independent for Life)

Table Tennis Club on Mon., Thur., & Sat,
Ta'i Chi Chih Practice with Bill Nakao
Ta'l Chi Gong with Stephen Brown
Walking Group with Dick Wolgamott
Yoga for Beginners, 2x a week, Sue Charumati Schaeffer & Melanie Roth
Yoga for Health and Wholeness with Judith Bardsley
Zumba Gold® with Lisa Farrell Waiss

Recreation

Bingo

Book, Puzzle and Magazine exchange

Cards: Duplicate Bridge, Party Bridge, Pinochle, Cribbage, and other games

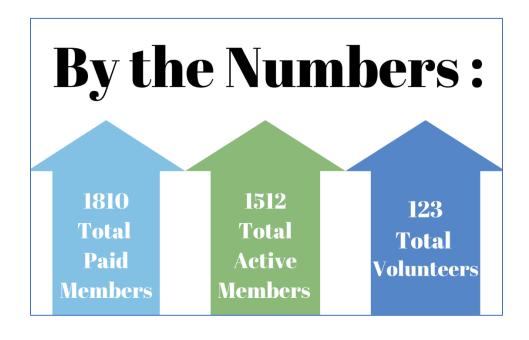
Friday Sing-Along

Mah-jongg

Out to Lunch Bunch

Health and Wellness

Ask a Social Worker
Meals on Wheels
Preventative Foot Care with Sharon Lester
Senior Emergency Preparedness
Stop the Bleed class with Ken Elam
Vaccine Clinics with partners
Wellness Calls



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Venera Di Bella-Barles

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Beulah Downing & Dennis Carlson

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