

## **BISCC Board Meeting Minutes**

August 9, 2023

Next Board meeting September 13, 2023, 9:00 a.m.

**Call to Order:** President Gerry Worley called the meeting to order at 9:05 a.m.

**BOARD MEMBERS PRESENT:** Gerry Worley, David Huether, Colleen Keilbart, Eleanor Weinel, Kimi Kinoshita, Tressa Johnson. Sheila Curwen, Sue Bunn, Ann Lovejoy, Barbara Ochota (Zoom)

Absent: Mike McCloud, Jamie Mittet

Others Present: Reed Price, Mary Gibbs, Brenda Fantroy-Johnson (Zoom)

**SUQUAMISH ACKNOWLEDGEMENT** –David read the Suquamish Land Acknowledgement.

### **CONSENT AGENDA** – Gerry

The following documents were part of the consent agenda:

BOARD MINUTES

COMMITTEE MINUTES, (Excluded fund raising, nomination, facility, resource.)

EXECUTIVE DIR REPORT & NOTES ON LEARNING AGENDA

TREASURER REPORT

No items were pulled from the consent agenda, Gerry moved to accept and it was unanimously approved.

### **COBI/CITY COUNCIL REPORT** - Brenda Fantroy-Johnson

Reported on City Council meeting. Detailed information can be found in the Council Agenda Packet on the COBI web site.

### **MOTION - COBI/BISCC MOU Planning**

David moved the Board of Directors authorizes the building project committee, chaired by Board president emeritus Bill Luria, to negotiate with the City on the terms of a Memorandum of Understanding pursuant to the creation of a new Senior/Community Center, with the understanding that the final MOU will be subject to BOD approval before submission for approval by the City Council. Eleanor seconded and it was unanimously approved.

### **TREASURER'S DISCUSSION** –

David Huether facilitated the general education and Q&A for the 2022 BISCC Final Financial Statements and Compilation Report prepared by Jacobson & Jarvis. This report was downloaded under the Treasurers section that is accessed by the consent agenda link.

2023 is important year for a report because of the development of the expansion of the Senior/Community Center. We will have designated funds that will need to be authorize, possibly as much as \$100K, for feasibility study, marketing, architectural drawings, etc.

The Thrift Shop is labeled “not significant” in the 2022 report. It generates about \$70k for revenue which is about 15% of total budget. Next year it will be revisited as that is significant and the wording will be changed.

Volunteers are reminded to add their hours to MySeniorCenter as reports generated from the site will be helpful in a variety of ways, especially in fundraising. Chairs of committees were asked to make sure their people add their hours.

The Treasurer will be working on the yearly 990 tax information and will be presented to the BOD when complete.

### **SERVING HEALTH & WELLNESS DISCUSSION – Sue**

Sue presented a short discussion on identifying Serving Health & Wellness categories that may be used for future planning.

#### **Physical Well Being**

- Build and maintain strength and balance
- Improve mobility
- Encourage healthy self-care practices
- Provide access to preventative care:
  - Foot care
  - Health monitoring – blood pressure, glucose, etc.
  - Vaccine clinics

#### **Mental Health**

- Nurture relationships
- Encourage new, positive experiences
- Minimize isolation
- Maximize opportunities to relax, laugh and have fun
- Provide safe space to share concerns and experience emotional growth

#### **Health Education**

- Provide access to information
  - Weekly presentations
  - Aging Mastery
  - Resource information

We may want to address the following:

- Prevention of illness, harm or accidents /personal safety
- Screening and programs for depression
- Pain management

**TALKING POINTS FOR NEW SENIOR CENTER – Reed**

- Reed distributed Talking Points BOD can use when talking about BISCC expansion. He will also send a digital copy to BOD.
- # 7 on the list pertains to senior housing. Blair King has made it clear the expansion and senior housing will be separated and the City will handle housing.

Strategic discussion and workshops will be developed as we move forward, but until the MOU is approved by both the City and BISCC plans for those discussions will be put on hold.

Feasibility Study –

Ostera is updating their proposal within the next couple of weeks.

**BOARD NEW BUSINESS – Gerry**

David – Endowment Board (EB) is vacant because of changes in the finance committee. The financial committee meeting in September will address looking for a chair for the EB.

**ANNOUNCEMENTS – Gerry**

- David and Colleen were acknowledged for power washing and general cleanup of the back patio.
- August 8 we began offering classes in the Rowing Center. Reed and Lena will be working to fill the vacated space in Huney Hall with programs.
- Sept 30 is the Resource Fair with 44 participants signed up.
- The Learning Agenda at the September meeting will be on Board Ambassadors. The August learning session has been moved to October.

**ADJOURNMENT:** Meeting was adjourned at 10:20 am

Respectfully Submitted,

A handwritten signature in black ink that reads "Colleen Keilbart". The signature is written in a cursive, flowing style.

Colleen Keilbart  
Secretary