



Bainbridge Island Senior & Community Center

FOR THE PRIME OF YOUR LIFE

April 20, 2026

[Click here](#) to view the weekly email in it's entirety on our website

Thank you to BISSC signature sponsors [Bainbridge Senior Living](#), [Wenzlau Architects](#), and [ARTiCare](#). Please support them; click on their names to learn more.

Our recurring programs are now listed online, to make this email shorter & easier to read.

Language, Literature, & More

Fun Fitness

Coming up this week

SOMETHING TO TALK ABOUT A 1:30 PM ZOOM PODCAST

Sponsored by Fieldstone Communities of Bainbridge Island. Call 206-594-1010 to schedule a tour of Fieldstone's apartments on Rolling Bay.

Monday: Bainbridge Rotary's International Efforts - The annual Rotary Auction is an important community event that raises money for many local causes — and some more distant. Nena Peltin will join us to talk about the Bainbridge

Island Rotary Club's International Humanitarian program, and in particular the aid that the club has sent to Ukraine since February 2022, when Russia invaded.

Wednesday: Vote Common Good - Join us to hear from Doug Pagitt, an author, social activist, and executive director of Vote Common Good. We'll learn why about this organization and why it calls itself "faith based," and what that means for Christians, Jews, Muslims, and people of all traditions.

Friday: No program

Join us on Zoom. Here's the link: ([CLICK HERE](#) at meeting time.) You can also call in, but you won't be able to see the other participants or any presentations: Dial 1-253-215-8782 and enter Meeting ID: 825 2461 7784 and Passcode: 8421616 (hint: it's the Center's phone number!) If you'd like help setting up a group or for technical assistance to get online, call 206-842-1616.

Sign up on [YouTube](#), [Spotify](#), or [Apple Podcasts](#) to get notified when a new podcast is published or to view previous programs.



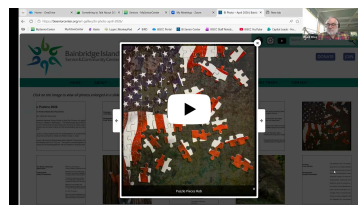
**BEST OF BAINBRIDGE / BEST OF KITSAP
2024 & 2025**

[Something to Talk About](#) has been voted Best Local Podcast in the sixth annual Kitsap Best of the Best Awards!

Thousands of votes came in, and the community has chosen BISCC as their top pick. We can now proudly claim not just our local Bainbridge title, but the honor of being a 2025 Kitsap Best of the Best winner!

Last week's podcasts

Ars Poetica with Photos - April is National Poetry Month, and the Bainbridge Island Photo Club is celebrating it by participating in Ars Poetica Washington. Poems and accompanying photographs are also on display during April and May in the Senior Center lobby in the Pat Egaas Memorial Gallery.



Music for Democracy - Dana Lyons, most famous for his novelty hit "Cows With Guns," actually has an amazing career of environmental justice and social activism. He'll be headlining a gathering at the Historic Lynwood Theatre on May 16th at Noon. We learn about Dana's life's work, and what to expect in the upcoming get-together with Standing Together B.I. organizer, Kathryn Lafond.



FRIENDLY REMINDERS FOR THIS WEEK

Call the Front Desk at 206-842-1616 or register thru [My Active Center](#) to sign up:

HIGHLIGHTS

🎵 Time & Tide Pizza Party 🍕

Join us for an evening of live folk music by **Time & Tide**, good company, and delicious pizza!

Saturday, April 25 - 5p-7p

(Doors open at 4:45 PM)

\$7 per person suggested

Limited space - Reserve your spot online ([under .Events](#)) or call the front desk today—we'd love to see you there!

Time and Tide

TIME & TIDE COMBINES ORIGINAL ARRANGEMENTS, TIGHT HARMONIES, AND LEAN INSTRUMENTATION AS THEY PERFORM TRADITIONAL BALLADS AND FAVORITE SONGS. AUDIENCE PARTICIPATION IS ENCOURAGED!

APRIL 25 5-7PM PIZZA DINNER RESERVATIONS REQUIRED

SPONSORED BY: **WESTSIDE Pizza**

Intro to Hula Dancing 🌴

3rd Mondays | April–August -**First class April 20th**

9:30–10:30 AM | Dining Room

Shake off the morning and sway into something new! Join Lily Fong for a joyful, beginner-friendly hula class—no experience required.

We'll learn classics like “May Day is Lei Day” and “Lovely Hula Hands” together.

Spots fill fast—[sign up online](#) or at the front desk!

🥗 POTLUCK LUNCH! 🥗

Tuesday, April 21

11:30 AM – 12:30 PM

Bring a favorite dish to share or pack your own brown bag lunch and join us for a relaxed, friendly gathering.

Enjoy great conversation and community—we'll provide coffee, tea, and water!

Come hungry, leave happy 😊



Want to Volunteer?



Volunteers Make It Happen at BISCC!

Our programs, events, and outreach efforts are stronger because of our amazing volunteers.

If you have a little time to share, we'd love your help! Here are a few current opportunities:

Front Desk Team

Love meeting people and staying active in the community? We're looking for friendly, reliable volunteers to be the welcoming face of BISCC! If you're comfortable with computers, this is a fun and rewarding way to connect, engage, and make a difference. Flexible options—weekly 4-hour shifts or on-call substitute spots available! Contact Mary Gibbs: mary@biseniorcenter.org - 206-842-1616

Bingo Callers (Fridays)

Join our team and help host one of our most popular weekly activities! Flexible shifts available. Welcoming, social environment - Training provided. If you enjoy connecting with others and bringing a little energy to the room, this is a great fit. Help create a lively atmosphere and keep one of our favorite weekly traditions going strong. Contact Mary Gibbs: mary@biseniorcenter.org - 206-842-1616

Marketing & Membership Committee Member - Help promote programs, welcome new members, and support our growing community. Once a month meetings via Zoom. Contact Ann Lovejoy at ann.lovejoy@gmail.com or Barbara Ochota at bochota@gmail.com.

Tech Support Volunteers - Assist with setting up microphones, speakers, and basic tech for performances and presentations. Contact the Front Desk to learn more or sign up

Marketing & Membership Outreach Event Helpers - Lend a hand setting up and taking down tables and chairs at community events like farmers markets. Contact Ann Lovejoy at ann.lovejoy@gmail.com or Barbara Ochota at bochota@gmail.com.

Every helping hand makes a difference!

Friday Night Movies

2nd & 4th Fridays, movie will start at 6:00pm - Dining Room

No Charge - **Free popcorn provided** - Please enter thru the Thrift Shop entrance.

[Register online](#) or call the Front Desk

Apr 24 movie: A Real Pain - The Oscar winning tale of mismatched cousins who reunite for a tour through Poland to honor their beloved deceased grandmother. The adventure takes a turn when the odd-couple's old tensions resurface against the backdrop of their family history and the remnants of the Holocaust.



No \$\$\$? No Worries! BISCC events are open to all, and all are welcome. Please don't let a lack of funds prevent you from participating in events, local travel, or programs with associated costs. Instead, check in with Reed about our Scholarship and Program Activity Funds.

Click here to see our new website!



Click here to visit our Facebook page!

WHAT'S FOR LUNCH?

Join Us in the Dining Room!

There are some delicious meals lined up with **Meals on Wheels Kitsap** every **Thursday & Friday!**

12:00 PM – 12:45 PM - Dining Room

Thursday – April 23 - BBQ Pulled Pork On Whole Wheat Bun

Friday – April 24 - Creole Baked Fish Over Brown Rice

Please register by **2:00 PM the business day prior** to your meal.

📞 Call: 360-377-8511 or 888-877-8511

Come for the food, stay for the great company! We'll see you there! 😊

***** TRIPS & TRAVEL *****

Call the Front Desk to register

🚌 **The BISCC Van Has Arrived!**

Our brand-new BISCC van is here—and it's already on the move!

So let's gather, hop in, and hit the road—together. Adventure is calling!

***Local trips are in the works - Stay tuned! ***

Senior Shopper Bus - Silverdale

Skip the driving and join us for our monthly Silverdale Shopping excursion! It's the perfect way to hit your favorite stores with great company.

This trip leaves the Center with a 12:15p pickup, swings by Winslow Arms, then continues to Bethany Lutheran before heading out at 12:30p.

Since there's no parking at the Center, let us know if you need a lift from Winslow Arms or Bethany Park & Ride when you call the Front Desk to sign up. No charge - **Limited seating**

12:30p – 4:00p

May 12 – Walmart & Dollar Store

June 9 – Trader Joes & The Trails

COLLETTE TRAVEL

DISCOVER SOUTH PACIFIC WONDERS - Booking #:1220050

*Nov 9 – 23, 2026 - **Discount Deadline 5/4/2026***

See what life is like “Down Under” on this incredible journey through New Zealand and Australia. Discover the wonders of Aboriginal culture. From the ethereal beauty of New Zealand’s glacial fjords to the tropical splendor of Australia’s Great Barrier Reef, enjoy the best of the South Pacific.

Contact Mary Gibbs (206) 842-1616, mary@biseniorcenter.org with questions

Flyers available on BISCC Travel Board or [click here for more info](#)

Our recurring programs are now listed online, to make this email shorter & easier to read.

LANGUAGE, LITERATURE & MORE

FUN FITNESS

COMING SOON

Need help with a federal agency?

Congresswoman Randall's Team will be at BISCC on Wed, April 29 to provide in-person assistance at our Casework Connections event!

Walk-ins are welcome, or sign up for an appointment at QR code or [click here](#)

NEED HELP WITH A FEDERAL AGENCY?
Congresswoman Randall's Casework Team will be in
BAINBRIDGE ISLAND
Wed, April 29th, 10am-2pm

We're Here to Help With:

- Passport Expedites
- Social Security Benefits
- VA Benefits
- IRS Assistance
- & More!

Scan for more info

Location:
Bainbridge Island Senior & Community Center
370 Brien Dr. SE,
Bainbridge Island, WA, 98110

Walk-ins are welcome!

GENTLE AFTERNOON STRETCH

Mon 3:00-4:00 pm with Sarah King in Huney Hall \$6 - **Thru April 27th**

This welcoming class offers gentle movement to support healthy joints and muscles, with options for chair or floor participation making this class accessible for all abilities. [Register here.](#)

Let's Talk History!

Join us for a fascinating conversation with the [Bainbridge History Museum!](#)

Tuesday, May 5 - 11:15 AM – 12:15 PM - Dining Room

Local historian Lyndsey Ogles will share engaging stories and insights from Bainbridge Island’s rich past. Whether you’re a longtime resident or new to the area, this is a wonderful opportunity to connect with local history in a friendly, welcoming setting. Come curious—leave inspired!

Limited seating - [Register online](#) or call the front desk to save your spot

Mindfulness-Based Stress Reduction Series

Fridays, May 8, 15, 22, 29 from 9a-10:30a in the Dining Room

This evidence-based training is designed to help you cultivate mindfulness, a powerful tool for reducing stress and boosting well-being in everyday life. Four-week, 1.5 hours weekly series with Catherine Kelleher, retired nurse and educator. Commitment to the 4 classes required.

Limited to 12 registrants.

Sign up through [My Active Center](#) or call the front desk at 206-842-1616.

IN OUR COMMUNITY

[The BI Kiwanis are hosting their annual Shredfest on Saturday, April 25, from 9am-4pm](#), in the bank lot across from Safeway. Bring in Bankers Boxes of grocery bags full of tax or personal information. Please no corrugated cardboard or other recyclables.

The shredded paper will be recycled. Shredding does shorten the paper fibers, which decreases the number of times the paper can be recycled, so please only bring "must shred" documents.

Your tax-deductible donation will go to scholarships for Bainbridge Island youth.



The City of Bainbridge Island has proclaimed April to be Bainbridge Earth Month.

This year, BI downtown resident **Abby Wade** was singled out for special recognition, as she has picked up litter around the downtown Winslow area for the past 30 years on an almost daily basis. Abby's original motivation was an article explaining how nicotine and cigarettes were harmful to aquatic life. Over time, she has seen a decrease in littered cigarette butts (yay!) and an increase in both bagged and unbagged dog poop (boo!). When people thank Abby for her efforts, she tells them that the best compliment is to copy her.

In that vein, if you would like to borrow a grabber for picking up trash and recyclables, please shoot Zero Waste an [email](#).

WATERFRONT THRIFT STORE

**Hours: Mon-Thu 10 am to 1 pm; Fri 10 am to 4 pm
Saturdays 10 am to 2 pm**

Discover treasures at our delightful thrift shop! Browse an excellent selection of lightly used clothing for men and women, along with housewares, home décor, artwork, and jewelry. We accept major credit cards, and **members receive 10% off on Fridays** when they show their membership fob.

Donations for all seasons are always welcome!

There are some items we cannot accept, [listed here](#). - Thank you for your understanding. Please contact Tijen Sion-Hotchkiss at 206-842-1616 with any questions.

For questions regarding programs, activities or classes please feel free to contact Lena Wilson, Program Manager at lena@biseniorcenter.org or call the Front Desk at 206-842-1616.



ARE YOU A MONTHLY DONOR? We'd like to add 20 people giving a [monthly gift of \\$20 or more through One Call for All!](#) Each gift of \$20 or more increases our share of the Community Fund! (OCFA pays all credit card fees!)



Sent by Bainbridge Island Senior & Community Center

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