



Bainbridge Island
Senior & Community Center

August 17, 2026

 Bainbridge Island
Senior & Community Center

THE EDGE COMEDY IMPROV FUNDRAISER EVENT

AUGUST 29 5-7 PM
AT THE SENIOR & COMMUNITY CENTER
APPETIZERS & BEVERAGES 5-6PM // IMPROV PERFORMANCE 6-7PM

TICKETS \$50
PURCHASE BEFOREHAND AT BISCC OR CALL 206-842-1616

ENJOY DELICIOUS FOOD AND DRINKS. GREAT COMPANY. AND HILARIOUS ENTERTAINMENT
IN SUPPORT OF YOUR BAINBRIDGE ISLAND SENIOR & COMMUNITY CENTER

ALL PROCEEDS DIRECTLY BENEFIT BISCC

Sponsored By:  **ARTiCARE**
we care intelligently from our heart



[Click here](#) to view the weekly email in it's entirety on our website

Thank you to BISCC signature sponsors [ARTiCare](#), [Bainbridge Senior Living](#), [Wenzlau Architects](#). Please support them; click on

their names to learn more.

**Our recurring programs area listed online, to make this email short
& easy to read.**

Language, Literature, & More

Fun Fitness

Coming up this week

SOMETHING TO TALK ABOUT A 1:30 PM ZOOM PODCAST

Sponsored by Fieldstone Communities of Bainbridge Island. Call 206-594-1010 to schedule a tour of Fieldstone's apartments on Rolling Bay.

Monday: Making Sense of the Comp Plan - Islander & economist Stephen Hoskins is part of a group, dubbed "Livable Bainbridge", which advocates for affordable, accessible, and sustainable housing on Bainbridge Island. On Aug 24th at the Senior & Community Center, the group is hosting a community forum to explain the current state of the island's future planning. Stephen will present alongside Sarah Blossom, who is Chair of the Planning Commission (but will be speaking in a personal capacity). We'll preview that meeting and discuss the challenge of having a clear discussion about planning and development on Bainbridge.

Wednesday: Building Community Trust - At a recent city council meeting, Councilwoman Kirsten Hytopoulos addressed what she characterized as a lack of trust in city staff and elected officials. Posts on Nextdoor & Facebook would confirm that. Council member Leslie Schneider will join us for a discussion about how to make city processes and decisions more transparent/accessible/understandable.

Friday: Insights from a cardiologist - Dr. Stephen Hubbard, a Center member and retired cardiologist, will give us a presentation focused on reducing risk from coronary artery disease.

Join us on Zoom. Here's the link: ([CLICK HERE](#) at meeting time.) You can also call in, but you won't be able to see the other participants or any presentations: Dial 1-253-215-8782 and enter Meeting ID: 825 2461 7784 and Passcode: 8421616 (hint: it's the Center's phone number!) If you'd like help setting up a group or for technical assistance to get online, call 206-842-1616.

Sign up on [YouTube](#), [Spotify](#), or [Apple Podcasts](#) to get notified when a new podcast is published or to view previous programs.



BEST OF BAINBRIDGE / BEST OF KITSAP

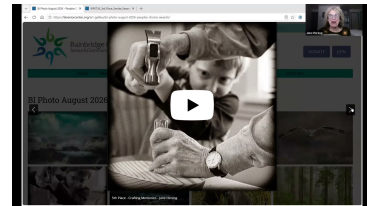
2024 & 2025

Something to Talk About has been voted Best Local Podcast in the sixth annual Kitsap Best of the Best Awards!

Thousands of votes came in, and the community has chosen BISCC as their top pick. We can now proudly claim not just our local Bainbridge title, but the honor of being a 2025 Kitsap Best of the Best winner!

Last week's podcasts

Peoples' Choice Photos - This month we'll look at the BI Photo Club images most liked by visitors to the Senior & Community Center on the Grand Old Fourth and hear from some of the photographers.



Bainbridge issues an annual report - The City of Bainbridge Island has posted its annual "Resident-Centric Annual Report." Finance Director DeWayne Pitts gives us an overview in today's podcast.



Bike for Pie - Bike for Pie is a cycling event on Bainbridge Island that features pie! It's coming up on Sunday, Aug. 30. You pick from two rides and is put on by cycling advocacy group Squeaky Wheels. Elizabeth Ozimek gives us the details!



FRIENDLY REMINDERS FOR THIS WEEK

Call the Front Desk at 206-842-1616 or register thru [My Active Center](#) to sign up:

HIGHLIGHTS

Intro to Hula Dancing - Monday, AUGUST 17 CLASS CANCELED

POTLUCK LUNCH! - Tuesday, Aug 18 - 11:30a-12:30p - Bring a favorite dish to share or bring your own brown bag lunch and join us for good food and great company! We'll provide coffee, tea, and water. Come connect, visit with friends, and enjoy a relaxing lunchtime gathering. We look forward to seeing you there!

With August being National Make-A-Will Month, this is a great moment to revisit plans you may have set years ago and haven't looked at since.
Join us for a friendly, no-pressure conversation about estate and legacy planning. Presented at and in partnership with Bainbridge Island Senior & Community Center & Bainbridge Community Foundation.

With presenters Jim Hopper and Kristi Mathisen
BISCC members can register online or call the Front Desk.
Non BISCC members can register by calling the Front desk at 206-842-1616.

★ MARK YOUR CALENDAR ★

ESTATE PLANNING & PHILANTHROPY

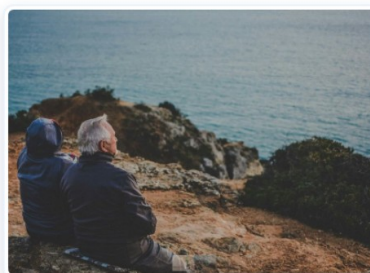
A conversation on giving, legacy, and financial peace of mind.

WED, AUG 19 • 4:00–5:30 PM • DINING ROOM

Bainbridge Island Senior & Community Center
In partnership with Bainbridge Community Foundation



- ◆ How to include a charity in your estate plan
- ◆ Using an IRA or 401(k) to support causes you care about
- ◆ What a Donor Advised Fund (DAF) is, and how it helps you give more



Presented by Jim Hopper & Kristi Mathisen

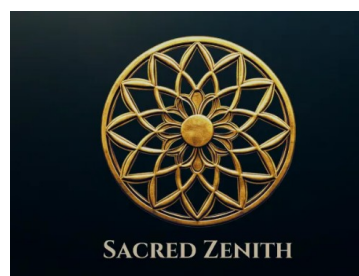
BISCC Members: Register online or call the Front Desk
Non-BISCC Members: Register by calling the Front Desk at 206-842-1616

Relax & Recharge—You Deserve It! Chair Massage with Maxwell Rossing, LMT of Sacred Zenith returns!

Wednesday, August 19 - 1:00 PM – 3:00 PM (15 minute sessions) - Dining Room

Enjoy a quick, rejuvenating massage designed to melt away tension and leave you feeling refreshed.

Give yourself a little midweek boost! Spots are limited! To give every member a chance to enjoy this service, please register monthly online or by calling the front desk.



Women of BISCC

Friday, Aug 21 - 11:00am – 12:00pm - Conference Room

Women sharing life experiences & making new friends. Limited seating - Register online or call the Front Desk

LOOKING FOR A BISCC ACTIVITY BUT DON'T SEE IT LISTED HERE?
CLICK THIS BUTTON TO CHECK OUT OUR WEBSITE FOR MORE!

A Memory Café

for people with memory loss
and their care partners

Join us for coffee and companionship with
special visitors from Assistance Dogs NW. 🐾



Friday, August 21, 2026
10:00 – 11:30 AM



Fire Station 21
8895 Madison Ave NE
Bainbridge Island



Register for free tickets
or contact Misty Mountford at
misty@housingresourcesbi.org
or 206-842-1909, ext. 18

All guests with memory loss are
welcome, no matter the underlying
condition or stage of disease.
Care partners can include spouses,
children, friends, and professional
caregivers.

This is not a drop off program.



Connection. Compassion. Community. 🤝 We look forward to seeing you!

* TECH SUPPORT HELP IS HERE *

Get tech support at BISCC! This program connects tech-savvy folks with members to help with smartphones, tablets, and computers.

Silver Tech Kids (on summer break)

Tech Help with Deb Allen: 2nd & 4th Tuesdays from 11:00 AM – 12:30 PM

Newly added: 1st & 3rd Mondays from 2:30 – 4pm for July & August

Advanced registration is required. You can sign up by calling the BISCC Front Desk at 206-842-1616. Please bring your device, its charging cable, and any necessary passwords.

WHAT'S FOR LUNCH?

Join Us in the Dining Room!

There are some delicious meals lined up with Meals on Wheels Kitsap

12:00 PM - 12:45 PM • Dining Room

**THURSDAY
AUG
20**

ISLAND FAVORITE
Hawaiian Pork

**FRIDAY
AUG
21**

FRESH & FLAVORFUL
Turkey Cheddar Salad

Hawaiian Pork

Turkey Cheddar Salad

Please register by 2:00 PM the business day prior to your meal.

Call: 360-377-8511 or 888-877-8511

Good Food. Friendly Faces. Stronger Together. ❤️

***** TRIPS & TRAVEL *****
Call the Front Desk to register

Senior Shopper Bus - Silverdale

Skip the driving and join us for our monthly Silverdale Shopping excursion! It's the perfect way to hit your favorite stores with great company.

This trip leaves the Center with a 12:15p pickup, swings by Winslow Arms, then continues to Bethany Lutheran before heading out at 12:30p.

Since there's no parking at the Center, let us know if you need a lift from Winslow Arms or Bethany Park & Ride when you call the Front Desk to sign up. No charge - **Limited seating**

12:30p – 4:00p

Sept 8 - TJ's & Michaels

U.S. Naval Undersea Museum in Keyport



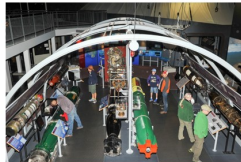
The United States Naval Undersea Museum located at Keyport, Washington is one of 10 Navy museums that are operated by the Naval History & Heritage Command. It is located next to a branch of the Naval Undersea Warfare Center.

After the tour we will have lunch at Beach Glass Café at the Suquamish Clearwater Casino

Thursday, August 27, 2026

\$25 + cost of lunch

**Last day to sign up - 8/21/2026
(no refunds after this date!)**



10:00am - Arrive at Museum

12:00pm - leave for Lunch

1:45pm – Depart for home

2:15pm – Approximate arrival home



Host: TBD / Driver: Jorge Florez





Back by popular demand

Deception Pass

Crab Cruise

A cracked crab lunch cruise with San Juan Cruises

Join us for a return trip to La Conner aboard the M/V Rosario for San Juan Cruises' well-loved cracked crab lunch cruise — with

DATE

Wed, Sept 2, 2026

COST

\$135.00

LANGUAGE, LITERATURE & MORE

- Breathtaking views of Deception Pass and the Swinomish Channel

A delicious, freshly prepared cracked crab lunch aboard the M/V Rosario

- Fully narrated tour aboard a 60' vessel
- Comfortable vessel with inside seating and outdoor viewing on two levels
- Bar onboard with a selection of Northwest wines, and food and

FUN FITNESS

Call the Front Desk to register

AUGUST 24, 2026

Call the Front Desk at 206-842-1616 or register thru [My Active Center](#) to sign up.

COMING SOON

Not ADA friendly — this cruise may not be suitable for wheelchairs and walkers.

Healing from Grief returns

Monday, August 24th, 11:30 AM – 12:30 PM, Dining Room

All of us, at some point, will lose someone—or something—that matters deeply. A relationship. A role. A dream. A beloved pet. A sense of who we once were. Grief touches us all. Join us as we welcome Heidi Orr, PhD, for a gentle, supportive space to share, reflect, and connect with others navigating grief. All are welcome. Come as you are.

Register online or call the front desk.

YOU'RE GOING TO LOVE THIS

AI for Dummies

T'ai Chi Intermediate Series - Instructor Stephen Brown

A warm, easy, friendly introduction to Artificial Intelligence — and how it shows up in everyday life.

Monday 4:30 - 5:30p Huney Hall - (\$15 for series)
Prior experience recommended. Limited spots available - register online or call the Front Desk.

DATE
Mon,
Aug 24

TIME
3-5 PM

WHERE
Huney Hall

August 31 thru Sept 28th

A YouTube recording of Stephen's class is available on our website

Presented by **Alan Packer**

at <https://biseniorcenter.org/exercise-videos/>

Curious about AI but not sure where to start? Join us for a relaxed, easy-to-understand look at artificial intelligence. No computer background needed — come exactly as you are.

T'ai Chi Advanced Series - Instructor Stephen Brown
Tuesday 4:30 - 5:30p Dining Room - (\$15 for series)

Come learn, ask questions, and leave with a better understanding of this fascinating, fast-changing topic.

Sept 2 thru Sept 30

Save Your Seat
This class is offered once a week for those who have learned the Yang-style short form. This class will begin with 10 to 15 minutes of warm-up exercises. Those with experience in other styles are welcome, but instruction will not be provided in class to teach the form.

Register online or call the Front Desk

Please contact Stephen Brown at 206-855-9587 prior to registration.



Learn AI Together

IN OUR COMMUNITY

Community Sea Shanty Sing

Join Peter Damashek and Ken Stern Monday Aug. 17, at 5 pm, outside The Chandlery near the bottom of Madison Ave. Lyrics will be provided!

BAINBRIDGE ISLAND HISTORY MUSEUM presents: **HISTORY HUDDLE: "Rolling Bay Memories"**

Thursday, August 27 - 5:00 PM – 6:30 PM
215 Ericksen Avenue Northeast

Join us for an engaging look into the history and everyday life of Rolling Bay. Together, we'll explore the stories, people, and places that have shaped this unique community over the years.

Whether you've lived here for decades or are new to the neighborhood, we invite you to share your own memories, photographs, and experiences. Your stories are an important part of Rolling Bay's history, and we hope you'll help us preserve them for future generations.

Come join us for **snacks and libations!**

FREE for members

Suggested **\$5 donation for non-members**

Space is limited, so [**RSVP TODAY BY CLICKING HERE!**](#)

BAINBRIDGE ISLAND
SENIOR & COMMUNITY CENTER

WATERFRONT THRIFT STORE

Treasures worth the trip, every week!

Discover treasures at our delightful thrift shop! Browse an excellent selection of lightly used clothing for men and women, along with housewares, home décor, artwork, and jewelry — new finds arrive all the time.



10% off for members every Friday — just show your FOB!



Mon–Thu
10 AM–1 PM

HOURS

Fri
10 AM–4 PM

Sat
10 AM–2 PM



Member Fridays

Show your membership FOB
any Friday for
10% off your purchase.



Donations Welcome

We happily accept donations
for all seasons — year round.



WE ARE CURRENTLY ACCEPTING DONATIONS OF
GREETING CARDS AND PAPER BAGS.

We accept major credit cards. There are some items we're unable to accept — please see the full list at [biseniorcenter.org](https://www.biseniorcenter.org) before dropping off. Thank you!



Waterfront Thrift Store

Questions? Contact Tijen Sion-Hotchkiss • 206-842-1616

For questions regarding programs, activities or classes please feel free to contact Lena Wilson, Program Manager at lena@biseniorcenter.org or call the Front Desk at 206-842-1616.



BI Reads is on!

Pick up a copy of this year's selection, *Storybook Ending* by Moira Macdonald, at BISCC, the library, or on discount at Eagle Harbor Books.

Moira will join us for a Something to Talk About podcast on Mon., Aug 24. Other events [listed online](#). Our podcast about the program [is online](#) as well.



ARE YOU A MONTHLY DONOR? We'd like to add 20 people giving a [monthly gift of \\$20 or more through One Call for All!](#) Each gift of \$20 or more increases our share of the Community Fund! (OCFA pays all credit card fees!)



Sent by Bainbridge Island Senior & Community Center

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