Bainbridge Island
Senior & Community Center

November 2, 2026

***Click here* to view the weekly email in it's entirety on our website**

Thank you to BISCC signature sponsors ARTiCare, Bainbridge Senior Living, Wenzlau Architects. Please support them; click on their names to learn more.

Our recurring programs area listed online, to make this email short & easy to read.

Language, Literature, & More

Fun Fitness

Coming up this week

SOMETHING TO TALK ABOUT
A 1:30 PM ZOOM PODCAST

Sponsored by Fieldstone Communities of Bainbridge Island. Call 206-594-1010 to schedule a tour of Fieldstone's apartments on Rolling Bay.

Monday: Property Tax Assessments & Relief - There are new income thresholds coming for the Senior Citizen &/or Disabled Persons Property Tax Exemption program. County Assessor Phil Cook will join us to explain how the tax relief program works, and how to apply.

Wednesday: No program

Friday: Politics with David Harrison - Our monthly check-in with David Harrison comes on Friday, Nov. 6. This month: — implications for 2028. To what extent is there a new map —

what Democrats will do this session on investigating Trump — what issues will dominate the Congress in 2027
Join us on Zoom. Here's the link: (CLICK HERE at meeting time.) You can also call in, but you won't be able to see the other participants or any presentations: Dial 1-253-215-8782 and enter Meeting ID: 825 2461 7784 and Passcode: 8421616 (hint: it's the Center's phone number!) If you'd like help setting up a group or for technical assistance to get online, call 206-842-1616.

Sign up on YouTube, Spotify, or Apple Podcasts to get notified when a new podcast is published or to view previous programs.



“Something to Talk About” has been voted Best Local Podcast in the 2026 Best of Bainbridge contest! This marks our third consecutive year of recognition, following our 2024 honors and our 2025 Kitsap Best of the Best win.

*Voting opens today for **Best of the Best Kitsap 2026!***
Our BISCC podcast, Something to Talk About, is in the running again. Cast your vote between October 26 and November 8, 2026, and help us bring home the title!

Click here to cast your vote daily!

This wonderful recognition reflects BISCC’s dedication, care, and hard work in creating a welcoming place for our community.

Last week's podcasts

Parks Commissioner Rachel Pritchett - Commissioner Pritchett joins us again to discuss news from the Bainbridge Island Metro Park & Recreation District. She’ll be talking with Charlie Averill about the origins of our Park District — an unusual, if not unique, taxing district contained entirely within our city**.**



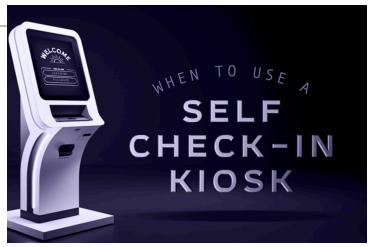
FRIENDLY REMINDERS FOR THIS WEEK
Call the Front Desk at 206-842-1616 or register thru My Active Center to sign up:

HIGHLIGHTS

**** Gentle Reminder ****

Participants (BISCC members & guests) & Instructors:
Please check in at the kiosk for **every activity** you attend.

Tracking participation and volunteer hours helps BISCC in many important ways, including securing funding and understanding which programs and classes are most meaningful to our community.



Get Ready for Medicare Overview
Join us for this free presention to learn more about Medicare Open Enrollment

Mon, Nov 2 - 11:30 am to 1:30 pm - Dining Room

Limited seating - Register online or call the Front Desk to save your seat



What we'll cover: - Medicare basics - Upcoming changes for 2027 - Programs to help lower income Medicare beneficiaries - Fraud prevention

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T'ai Chi Intermediate Series - Instructor Stephen Brown
Monday 4:30 - 5:20p Huney Hall - ($15 for series)
Prior experience recommended. Limited spots available - register online or call the Front Desk.
Next series: Nov 2 thru Nov 30

Join the Evergreen Singers for a free concert of seasonal and spooky music!
We'll be performing on Tuesday, November 3, at 12:15 p.m. in Huney Hall.
We would love to see our BISCC friends there and share what we've been working on this year.





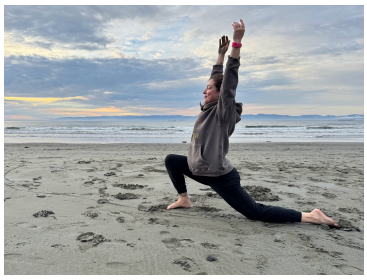
Agate Pass Threshold Choir Song Respite
Tues, November 3, 12– 1p; BISCC Conference Room

Take a quiet pause and let the voices of Agate Pass Threshold Choir wash over you. Their live, a cappella harmonies offer gentle, healing songs meant to ease the mind and open a small space of peace, grace, and comfort — a true oasis of calm in the middle of your day.
15-minute sessions • Up to 4 people per slot
Space is limited — registration required
Reserve your seat online or through the Front Desk.

Join us for a free live **CHAIR YOGA session** led by certified instructor Jane Mangue!

This gentle, ADA-friendly class is open to everyone and suitable for all mobility levels.

Fri, Nov 6, 10:00 to 11:00 a.m - Dining Room
Please register online or call the front desk to reserve your spot



Our regular Chair Yoga (recording) classes will continue every Tuesday from 9:45 to 10:45 a.m. in the dining room.

New Member Get-Together: NEW & EXISTING MEMBERS WELCOME!
Friday, Nov 6 - 2:30-4:00 pm - Conference Room
New to BISCC or want a quick refresher on all that we offer? Join us for a friendly orientation where you can: Learn about our programs, trips & activities * Meet volunteers, other members and/or staff * Discover ways to get involved - Come see what makes our community so special - Sign up on MyActiveCenter or call the Front Desk



Line Dancing Intro to Basic Steps - Tuesdays, 4:30p - 5:30p - Huney Hall -**CANCELED NOV 3 & 10**

ELECTION DAY IS TUES, NOV 3RD

BISCC is providing rides to the ballot box — or ballot delivery — for Bainbridge Island residents ahead of the election.

The organization's volunteers will pick up individuals and/or their ballots midday Nov. 3.

Register by calling the Front Desk or email info@biseniorcenter.org with your name, phone number, address, and preferred date. Volunteers will follow up by phone.

LOOKING FOR A BISCC ACTIVITY BUT DON'T SEE IT LISTED HERE?
CLICK THIS BUTTON TO CHECK OUT OUR WEBSITE FOR MORE!

★ FREE TECH SUPPORT IS HERE! ★
Need help with your smartphone, tablet, or computer?
Come to BISCC! Friendly tech helpers are ready to answer your questions.

Silver Tech Kids
3rd Monday each month - 3:45 – 4:45 PM
1st Saturdays each month - 10:00 – 11:00 AM

Tech Help with Deb Allen
Alternating Tuesdays: 11:00 AM – 12:30 PM
First Monday of the month **(new time)**: 2:30 – 4:00 PM

Registeration required by calling the Front Desk: 206-842-1616

What to Bring: ● Your device (phone, tablet, or computer with charger ● Any passwords you need

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WHAT'S FOR LUNCH? - Join Us in the Dining Room!
There are some delicious meals lined up with Meals on Wheels Kitsap
12:00 PM – 12:45 PM • Dining Room
Thurs - Nov 5 - Sloppy Joe On Whole Wheat Bun
Fri - Nov 6 - Salmon Fillet Over Quinoa
Please register by 2:00 PM the business day prior to your meal. ***Caregivers are welcome***
Call: 360-377-8511 or 888-877-8511
Good Food. Friendly Faces. Community Togetherness.

*** TRIPS & TRAVEL ***
Call the Front Desk to register

Senior Shopper Bus – Silverdale

Skip the driving and join us for our monthly Silverdale Shopping excursion! It's the perfect way to hit your favorite stores with great company. **We've added an additional shopping day every other month!**

This trip leaves the Center with a 12:15p pickup, swings by Winslow Arms, then continues to Bethany Lutheran before heading out at 12:30p. Return by 4pm

Since there's no parking at the Center, let us know if you need a lift from Winslow Arms or Bethany Park & Ride when you call the Front Desk to sign up. No charge - Limited seating -

November 10 – Trader Joes & Costco (participants must have Costco membership card on person)

December 8 – Kitsap Mall
December 22 - Trader Joes (newly added)

Our recurring programs are listed online, to make this email short & easy to read.

LANGUAGE, LITERATURE & MORE

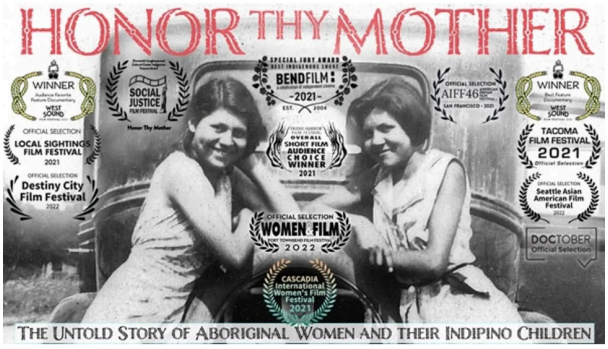
FUN FITNESS

Call the Front Desk at 206-842-1616 or register thru My Active Center to sign up.

COMING SOON

SHARPENING WITH BILL BOOTH
Bill Booth is returning with his sharpening tools!
Mon, Nov 9 between 2 and 4 pm in the Dining Room
Limited spaces - Pleasecall the front desk to get an appointment

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Honor Thy Mother: The Untold Story of Aboriginal Women and Their Indipino Children

Join us for a special screening hosted by Gina Corpuz — Executive Producer of the Indipino documentary, author of The History of the Indipinos of Bainbridge Island, and Advisor to the Bainbridge Island Historical Museum. A Q&A with Gina will follow the film.

Tuesday, November 10 | 11:00 AM – 12:30 PM - Dining Room

Seating is limited — reserve your spot online or call the front desk to save your seat.

Collette Travel Presentation
Tues – Nov 10 – 10:00a-11:03a- Conference Room

Sign up now online or call the Front Desk to reserve your seat for an engaging presentation from Toni Ray-Ingram of Collette Travel, featuring exciting travel destinations listed below.
Discover Highlights of Norway

Discover Canadian Maritimes and Coastal Wonders

Discover new places, get inspired, and start planning your next adventure!

Our Parkinson's Support Group Is Back

We're happy to welcome you back! Whether you're newly diagnosed or have been on this journey a while, you belong here. Caregivers welcome!

Thurs, Nov 12 - 11:15 AM – 12:45 PM - Conference Room

All stages of Parkinson's welcome — come for the support, stay for the community. Limited seating - Register online or call the Front Desk

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Sound Bath Sessions

Starting in November, we're moving to a monthly schedule with new session times:
Thursday, November 12 & December 10 | 12–1 PM | Huney Hall

Meditative Sound Bath, using a variety of musical instruments to bring people into a deep state of relaxation and emotional well-being. Yoga mats, blankets & rollers for neck & leg support available if needed or bring your own. Register online or call the Front Desk Click here to register

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A Space for Inner Guidance - The Inquiry Circle
In the spirit of satsang - Navigating the Holidays

The holidays can bring many experiences and emotions. Join us for a shared space for honest inquiry, reflection, and connection as we explore what this season brings up for you.

Together, we'll make space for the heaviness this season can bring and explore ways to move through the holidays with greater clarity and peace.

Friday, November 13 • 11:00 AM–12:15 PM – Conference Room

Registration required through My Active Center or by calling the Front Desk
Space is limited to 15 guests - A minimum of 5 registrations is required for the gathering to take place.

The Inquiry Circle is facilitated by licensed psychotherapist Iris Queen - An offering of Birchwood Healing, PLLC

You are warmly invited to the grand finale of the Readers Theater Group!

Please join us on Friday, November 13, from 3:00 to 4:30 PM at Honey Hall for an afternoon of wonderful storytelling.

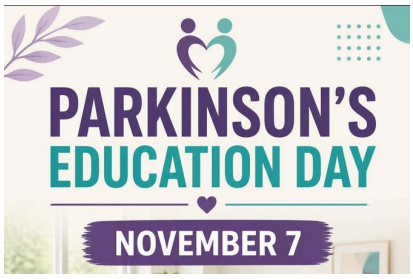
Our performers have worked diligently to prepare a special program for you. Experience the magic of "theater of the mind," where the power of the spoken word brings every scene to life.

To ensure we have a seat saved for you, please register at the Front Desk or online.

Friday Night Movies - Fri, Nov 13 - Movie will start at 6:00pm - Dining Room - No Charge - Free popcorn provided - Please enter thru the Thrift Shop entrance.

Nov 13: Michael - The early life and music of Michael Jackson, from the discovery of his talent as the lead of the Jackson Five to the artist who became the biggest entertainer in the world.

IN OUR COMMUNITY



Parkinson's Today: Helpful Ideas, Real Conversations & Community

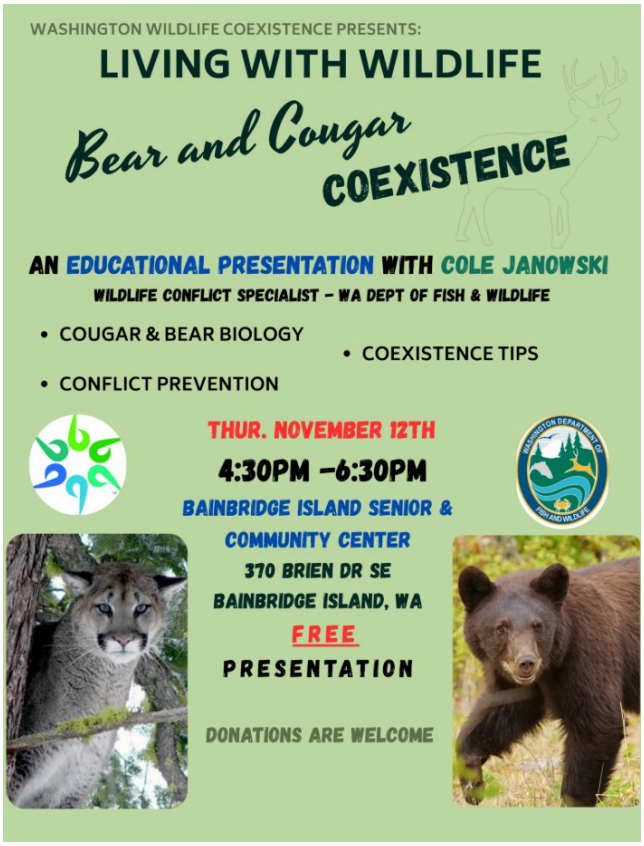
Join neighbors, families, and care partners for a welcoming afternoon of learning, questions, and connection. Explore practical ways to live well with Parkinson's—and meet local professionals and others who understand the journey.

Saturday, Nov. 7 at BISCC
1:30–4:45 p.m. — doors open at 1:00

Enjoy friendly talks and conversation about exercise, non-motor symptoms, emerging treatments, and community resources. Bring your questions!

Registration is required - You can register online (click here), or call 206-695-2905 and leave your name & phone number

Our public parking lot is expected to be full due to multiple concurrent events. Carpooling is encouraged and to make things easy, we've arranged a free shuttle. Just park nearby at Helpline House (282 Knechtel Way NE) and we'll whisk you over to BISCC and back.
Shuttle times: 1:00 PM – 1:45 PM and 4:30 PM – 5:15 PM



WATERFRONT THRIFT STORE

Treasures worth the trip, every week!

Discover treasures at our delightful thrift shop! Browse an excellent selection of lightly used clothing for men and women, along with housewares, home décor, artwork, and jewelry — new finds arrive all the time.

🏷️ 10% off for members every Friday — just show your FOB!

HOURS: Mon–Thu: 10 AM–1 PM; Fri: 10 AM–4 PM; Sat: 10 AM–2 PM

CLOSED NOV 26, 27, 28

We accept major credit cards. There are some items we're unable to accept — please see the full list at biseniorcenter.org before dropping off. Thank you!

Questions? Contact Tijen Sion-Hotchkiss • 206-842-1616

Currently requesting: paper bags.
As always, we welcome donations for all seasons, year round.



For questions regarding programs, activities or classes please feel free to contact Lena Wilson, Program Manager at lena@biseniorcenter.org or call the Front Desk at 206-842-1616.

DO YOU HAVE YOUR RED ENVELOPE?
Please remember the Senior & Community Center in this year's One Call for All campaign! Each gift of $20 or more increases our share of the Community Fund! (OCFA pays all credit card fees!)

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